



A Golden Past.
A Shining Future.

GLYNN COUNTY RECREATION & PARKS DEPARTMENT

Athletics Division

323 Old Jesup Road; Brunswick, Georgia 31520

(912) 554 – 7780 / Fax: (912) 267 – 5744



WEATHER HOTLINE: 554-7781



A Golden Past.
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Our Mission: To provide quality, year round recreational activities, facilities, and services that are safe, fun, and enhance the quality of life for all Glynn County citizens.



OBJECTIVE

A great way to introduce baseball and softball-- both boys and girls play!

BlastBall is an excellent introductory game for T-Ball and baseball for boys and softball girls. It allows for more action for a youngster's short attention span. More kids get to be involved which helps them retain interest in t-ball, baseball, and softball concept. The game is safe and uses a foam bat and ball with no gloves required.

BlastBall teaches the basic t-ball and baseball/softball fundamentals of hitting, throwing, and fielding while emphasizing the importance of teamwork and sportsmanship.

BASIC RULES

A fun new way to play baseball:

- The base makes noise
 - The children get to hit
 - The children get to throw
 - The children get to run
 - The children get to yell "BLAST"
1. Minimum number of players per game per team is 8 with a maximum of 10 players per team.
 2. Each team will bat its entire roster in each inning one complete time which will constitute a half inning of play. Each turn at bat the batting order will be reversed. Example: if a player bats last in 1st inning he/she will bat first in the next inning.
 3. Each batter will receive a maximum of 5 swings in which to hit a fair ball..
 4. After each play is completed, players must throw the ball to the first base coach.
 5. Players play different positions each inning.



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6. When on defense, all players will play a defensive position at least 30 feet from home plate.
 7. No player shall play catcher.

AGE REQUIREMENTS

- Must be no younger than 3 years old and no older than 4 years old.
- Children must be 3 years old as of March 1st of this year.

PLAYING FIELD

- 1st, 2nd, and 3rd base will be equipped with a horn for sound effects upon each batter reaching it. Batters will hit from a batting tee located at home plate.
- Defensive players will always line up at least 30 feet away from home plate.....

EQUIPMENT

- All children will be furnished with a t-shirt that should be worn for all games.
- No glove. No bat. The game ball is foam rubber and will be safe for all.
- All equipment for Blast Ball will be furnished by the Recreation Department. Equipment includes: Blast Balls, bat batting tee, blast bases, bats.

GAMES

- Games will be 2 nights a week for 4 weeks.
- Games will be 45 minutes.
- No score or win/loss records will be kept.
- There will be no umpires and no safe or out calls.
- There is no catcher in BlastBall.
- Coaches, please bat all players and then change sides. Batting all players twice make the other players lose interest.
- Parents need to stay off field and out of dug-outs. Also stress that older brother and sisters have no business on field.



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SUGGESTIONS DURING GAMES

- a. Grip on throwing ball: two or three fingers along with thumb
- b. When throwing, stepping in opposition with proper leg
- c. Pointing shoulder when throwing to a target
- d. Proper positioning next to batting-tee while hitting. HINT: Most kids have a tendency to want to stand too close, to the tee when batting. Keep them back to allow arms to extend.
- e. Fielding ground balls with "Palms Up"
- f. Fielding from the "ground up" one motion (hands start on ground)
- g. Keep the fundamentals fun, basic, and simple after the entire key to BlastBall is learning by doing!!